

## San Marcos Middle School

### Parent Academies



*"Educating Our Youth Together"*

#### San Marcos Middle School

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San Marcos, CA 92069

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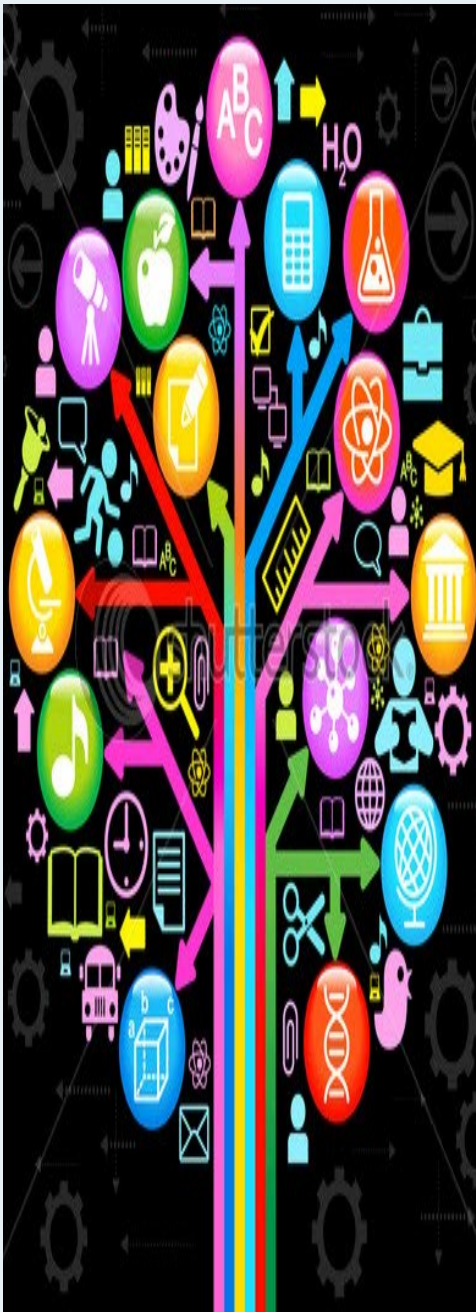
### Mission of SMMS Parent Academies

The mission of San Marcos Middle School parent academy is to enrich the lives of our students by bridging the gap between, home, school and community through valuable resources, quality education, and family strengthening workshops.

SMMS with support of our community agencies will be providing the following parent/student academies:

- Cyberbullying Awareness/ Social Media Safety.
- Gang Awareness and the Signs to look for.
- College Night for Middle School Families
- Drug prevention emphasize on Marijuana use. Do you know the signs?
- Mental health understanding the signs of depression.
- Young men empowerment conference.





## Tips to help you child succeed in Middle School.

- Tip 1: Offer hand-on guidance.
- Tip 2: Help students get organized.
- Tip 3: Teach time management skills.
- Tip 4: Develop note taking skills.
- Tip 5: Communicate with teachers.
- Tip 6: Check students planner daily.
- Tip 7: Always encourage and support your student.

## List of Parent Student Academies

**1. Date: March 2, Cyberbullying Awareness/ Social Media Safety**

Time: 6:00 pm Location: MPR (Multi-Purpose Room)  
Speaker: Alex Lacey

**What is it about?** To support parents in guiding their children to navigate the complicated world of the internet. The workshop will be provided in English and Spanish to address the topics of Cyber Bullying Prevention and Social Media Safety.

**2. Date: March 2, Gang Awareness and Prevention.**

Time: 6:00 pm Location: MPR  
Speaker : Deputy Carlon

**What is it about?** How to keep our children from joining gangs.

**3. Date : March 9th, Mental Health Understanding the Signs of Depression.**

Time: 6:00 pm Location: MPR  
Speaker: North County Lifeline

**What is it about?** To provide training on how to identify serious depression. Discuss the steps to know how to help someone who is seriously depressed.

**4. Date: March 1st, College Night for Middle School Families.**

Time: 6 :00 pm Location: MPR  
Speaker: Lisa Stout

**What is it about?** to learn about specific programs and other useful information for college.

**5. Date: March 23rd , Drug Prevention and understanding the signs.**

Time: 6:00 pm Location: MPR  
Speaker: Dr. Villarreal

**What is it about?** Recognizing symptoms and signs that your children may be using drugs and how to prevent it from happening.

**6. Date: April 18th, Father and son empowerment retreat.**

Time: 6:00 pm Location: MPR  
Speaker: Alejandro Ceja

**What is it about?** Promoting a positive father-son relationship.

